

## What is the BOEC?

For more than 30-years, the Breckenridge Outdoor Education Center (BOEC) has provided life changing outdoor learning experiences to people of all abilities, with a focus on those with special needs. The BOEC provides a sense of freedom to those who are routinely excluded from activity due to a disability or special need. Whether skiing in the Adaptive Ski and Ride Program at Breckenridge or Keystone Ski Resorts, paddling the West's great rivers, or mastering the Ropes Course, the BOEC inspires people of all abilities to discover new places, learn new skills and rekindle their spirit in the heart of the Colorado Rocky Mountains.



## Custom Programs for Groups

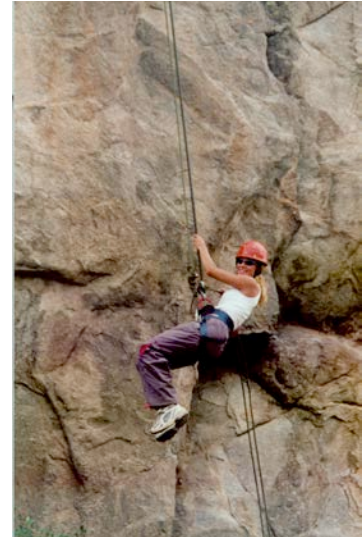
The BOEC customizes programs for agencies, centers and many types of groups, designed to meet your specific needs, abilities and goals. Courses vary in content, duration, tone, and pace, all depending on the specific needs and abilities of the group.

The Wilderness Campus sits on a 39-acre parcel of forested land situated at the base of Peak 9 in Breckenridge, Colorado. The campus features a sub-alpine lake, lodge and cabin facilities and accessible trails.





Activities offered include: rock climbing, wilderness camping, whitewater rafting, canoeing, handcycling, high and low ropes courses, team building initiatives, downhill and cross country skiing, snowboarding and snowshoeing. All activities are adapted to the needs and abilities of our clients. We strive to welcome everyone.



Mobile Wilderness courses include whitewater rafting on the upper Colorado River, canoeing on Labyrinth Canyon in Utah, sea kayaking on Lake Powell and many other venues throughout the Rocky Mountains and Desert Southwest.

The cornerstone of our *winter* programming is the Ski and Ride Program, based at both the Breckenridge and Keystone Ski Resorts. The Ski Program offers full and half-day adaptive lessons daily throughout the winter season. Stand-up, Bi-skis, monoskis, snowboards-all are adapted to the individual's unique abilities, as is the lesson itself. Our program offers one-on-one instruction at Breckenridge and Keystone Ski Resorts using the latest in adaptive techniques and equipment, and some of the best staff in the business. We offer exciting opportunities for all skier levels, from first-time beginners to experts. Lessons are available to all skiers and snowboarders over 4 years of age. Lessons include one-on-one instruction, all necessary equipment and lift tickets.

The BOEC is accredited by the Association of Experiential Education and certified as one of the "Best in America" by Independent Charities of America.



## Past Course Model Examples

Current and past clients include: Adventures Within, Brain Injury Association of Colorado, Capper Foundation, Center for Comprehensive Services, Center for People With Disabilities, Craig Hospital, Denver Children's Hospital, Denver Public Schools, Excelsior Youth Center, Jefferson Center for Mental Health, Schwab Rehabilitation, Colorado Department of Education, Gallaudet University, Prescott College, Project Self Discovery, Sunshine Kids, Summit County Public Schools, Youth Recovery Center. References are available upon request.

**Course Name: American Cancer Society-Cancer Siblings**

**Location: Scott Griffith Lodge-BOEC**

**Duration: 3 Days**

Participants were all children (ages 12-17) who are siblings of children with cancer. Participant's goals were to have fun and network and resource amongst each other – in other words, to make connections with other kids who were siblings of cancer patients. Activities included ice skating, skiing, snowboarding and winter camping.

**Course Name: Adventures Within**

**Location: Scott Griffith Lodge-BOEC**

**Duration: 5 Days**

Participants were all adults with varying degrees of Multiple Sclerosis. Some of the participants were in wheelchairs or used canes for assistance, while others were fully mobile. The goals of the participants were to network and learn about MS from other people, to make friends and create bonds within the MS community, and to stretch personal comfort zones and become more in touch with their bodies. Activities included goal setting, group initiatives, a music night, skiing and an open discussion about living with MS.

**Course Name: Summit County Youth and Family Services**

**Location: Green River, Labyrinth Canyon, Utah**

**Duration: 14 Days**

This Summit Outdoor Adventure Program is a two-week long, adventure-based intervention program for at-risk youth. Ten adolescent boys were split into two groups for the duration of the trip. Course goals were to teach the students independence, teamwork, outdoor skills, good work ethic, positive communication techniques, and completing community service hours. Activities included canoeing, sea kayaking, rowing the gear raft, rappelling, camping and working three days at Ruby Ranch.

**Course Name: The Brain Injury Association of Colorado**

**Location: BOEC Scott Griffith Lodge**

**Duration: 7 Days**

As a result of brain injuries, all twelve participants had varying degrees of physical and mental capacity. Each participant had a "buddy" to spend time with and help them with their needs. The course goals were for the participants to interact in social situations by providing opportunities in groups as well as one-on-one situations. Challenge by choice and achieving personal goals were also prominent foci of this course. Activities designed to accomplish these goals included the climbing wall, the ropes course, whitewater rafting, sharing circles, and a wild Mardi Gras party.

**Course Name: Camp Little Tree-The Children's Hospital**  
**Location: BOEC Old Cabin**                      **Duration: 6 Days**

The participants were eight children ranging from 8 to 12 years old. They all had varying degrees of cognition, Attention Deficit Disorder, Sensory Integrative Disorder, autism, etc. The course goals were to promote opportunities for personal growth, making friends, increasing independence and self-confidence, as well as learning ways to be calm, organized and focused. Rock climbing at Swan Mountain, the ropes course, and canoeing on Lake Dillon were the primary physical activities. There were two themes that worked interactively: The Elements (fire, water, air, earth) and the Three R's (respect-for self, others, and the environment). A Harry Potter sub-theme made this course a smashing success for all involved.

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*BOEC conducts research into the effectiveness of its programs with partners such as the US Department of Education, Department of Rehabilitative Services and Colorado Department of Education. Programs have shown significant positive impact on participants' lives. The Center also partners with equipment manufacturers in research and development for adaptive technology.*

*The BOEC is a Colorado 501 (c) (3) non-profit organization. Through various special events and contributions from individuals, agencies and foundations from around the country, the BOEC is able to provide high quality programs that are affordable and accessible. Scholarships are available to those who would otherwise not be able to participate in our programs.*

**For more information, call Sian Hauver at 970-485-4378.**